

Community Cancer Support Groups

** Please Check with Support Group Facilitators for Meeting Updates**

<i>Group</i>	<i>Location</i>	<i>Meeting Times</i>	<i>Contact</i>
Advance Directives Class Madigan patients	Madigan Army Medical Center	Fourth Wednesday of the month at 1:30pm	Laurie Mizrahi, LICSW, OSW-C (253) 968-1014
Breast Cancer Support Group for Madigan patients	Madigan Army Medical Center	Fourth Tuesday of the month from 10:30am- 12pm	Laurie Mizrahi, LICSW, OSW-C (253) 968-1014
Ladies in Pink Breast Cancer Support Group	Currently meeting by phone. Please call for details.	Meets the first Wednesday of the month at 6pm	Jan Jarmon (253) 381-4742
Reach to Recovery (one-on-one support for breast cancer patients)	American Cancer Society	On-going	(800) ACS-2345 reach.cancer.org
Sisters of Hope Breast Cancer Support Group for Women of Color	2106 So. Cushman Tacoma	Meets the first Monday of the month at 6:30pm	Betty Mewborn (253) 572-2683
CancerCare Triple-Negative Online Breast Cancer Support Group	Online	Meets throughout the year for 15-week sessions	http://www.cancercare.org/support_groups/42-triple_negative_breast_cancer_patient_support_group
Virtual Breast Cancer Support Group	Women's Health Center at St. Francis, Federal Way	Wednesdays from 4-5:30pm	(888) 808-6929 Access Code# 20090720
CancerCare Online Metastatic Breast Cancer Support Group	Online	Meets throughout the year for 15-week sessions	http://www.cancercare.org/support_groups/44-metastatic_breast_cancer_patient_support_group
National Brain Tumor Society Cancer Support Group	Online	Meets the third Sunday of each month at 7pm	https://braintumor.org/support-services/support-groups/brain-tumor-support-conversations/registration/
CancerCare Online Gynecologic Cancer Support Group	Online	Meets throughout the year for 15-week sessions	http://www.cancercare.org/support_groups/46-gynecologic_cancers_patient_support_group
Women's Cancer Care Support Group	Chapel Hill Presbyterian Church, Gig Harbor	Thursdays at 3:30pm	Sandy (253) 514-9716
Cancer Lifeline	Online Support Groups & Classes	Meets throughout the month at various times	https://cancerlifeline.org/services/support-groups/
CancerCare Online Blood Cancers Support Group	Online	Meets throughout the year for 15-week sessions	http://www.cancercare.org/support_groups/41-blood_cancers_patient_support_group
Caregiver and Loved Ones Support Group: for people who have a loved one diagnosed with cancer and is currently coping with cancer.	Telephone Group	Meets throughout the year for 12-week sessions	https://www.cancercare.org/support_groups/13-caregiver_and_loved_ones_support_group To register, call (800) 813-4673
General Caregiver Support Group	MultiCare Behavioral Health Building 325 E. Pioneer Ave, Puyallup, Entrance #2	Meets the first Wednesday of each month from 1-2:30pm	brian.holtvedt@multicare.org
Various Cancer Support Groups Open to patients and care partners	Online	https://cancerpathways.org/support-group-registration/	Maddie Cody, MSW, LSWAIC (206) 709-1400
Advanced Stage Cancer Support Group	Online	Meets online the third Thursday of the month from 1-2:30pm	Monica Wilber, MSW, LSWAIC 253-200-4455
CancerCare Online Colorectal Cancer Support Group	Online	Meets throughout the year for 15-week sessions	http://www.cancercare.org/support_groups/45-colorectal_cancer_patient_support_group
Discoveries For children and youth ages 4-18 coping with the serious illness of a family member	Call for details	https://www.marybridge.org/services/discoveries-program/	Lisa Duke (253) 403-1966

CancerCare Online Head and Neck Cancer Support Group	Online	Meets throughout the year for 15-week sessions	http://www.cancercare.org/support_groups/134-head_and_neck_and_oral_cancer_patient_support_group
CancerCare Healing with Words-Therapeutic Online Writing Group	Online	Meets throughout the year for 15-week sessions	http://www.cancercare.org/support_groups/89-healing_with_words_a_therapeutic_writing_group
Cancer Survivors Network provides a safe online connection for cancer patients and care partners	Online	Cancer.org	American Cancer Society (800) 227-2345
Providence Regional Cancer System Living with Cancer Support Group	Online	Meets the first and third Wednesday of the month from 2-3:30pm	Mae Kessler Mae.kessler@providence.org 360-912-9041
MultiCare Auburn & Puyallup Cancer Support Group	Online	First Thursday of the month at 1pm	Tamara Miller, MSHS, BCPA (253) 697-4899 milleta@multicare.org
MultiCare Tacoma Cancer Support Group	Online	Second & Fourth Thursday of the month at 5:30pm	Betsy Allen, MSW, LICSW, OSW-C (253) 403-3169
Mahogany Circle of Hope	Greater Heights COGIC Church 4819 South 12th St Tacoma 98405	Meets online the second Tuesday of the month from 5-6pm	Anita (253) 753-5413 mahoganyHope2017@gmail.com FaceBook: @MahoganyCOH Gloria Bryant (253) 306-1918
Northwest Multiple Myeloma Fighters	Online	Meets via Zoom on the 4th Saturday of most months from 10am-12pm	Contact Us Northwest Multiple Myeloma Fighters! mmfighters.com
Grief & Loss Support Group for Madigan patients	Madigan Army Medical Center	Second Monday of the month at 11:30am	Laurie Mizrahi, LICSW, OSW-C (253) 968-1014 Mary Zeigler LICSW, APHSW-C (253) 968-5749
CancerCare Online Multiple Myeloma Support Group	Online	Meets throughout the year for 15-week sessions	http://www.cancercare.org/support_groups/123-multiple_myeloma_patient_support_group
CancerCare Online Kidney Cancer Support Group	Online	Meets throughout the year for 15-week sessions	http://www.cancercare.org/support_groups/137-kidney_cancer_patient_support_group
Knit for Life Support Group. A free knitting support group for all cancer patients, family members and care partners.	St. Joseph Medical Center, Tacoma Cancer Unit Room 10-B-8	Meets the first and third Wednesday of the month from 1-3pm	(253) 426-6746 www.knitforlife.org for other locations and times
CancerCare Online Lung Cancer Support Group	Online	Meets throughout the year for 15-week sessions	http://www.cancercare.org/support_groups/2-lung_cancer_patient_support_group
CancerCare Online Melanoma Cancer Support Group	Online	Meets throughout the year for 15-week sessions	http://www.cancercare.org/support_groups/132-melanoma_patient_support_group
CancerCare Online Ovarian Cancer Support Group	Online	Meets throughout the year for 15-week sessions	http://www.cancercare.org/support_groups/51-ovarian_cancer_patient_support_group
CancerCare Online Post-Treatment Support Group	Online	Meets throughout the year for 15-week sessions	http://www.cancercare.org/support_groups/52-post-treatment_survivorship_support_group
Men's Cancer Support Group	Please call for details	Meets the first and third Wednesday of the month at 7pm	Bill (253) 851-7111
Tacoma Prostate Cancer Support Group	Online	Meets the fourth Tuesday of the month at 6:30pm (Except December)	Bob Freeborn raf0444@comcast.net (253) 566-1651
CancerCare Online Thyroid Cancer Support Group	Online	Meets throughout the year for 15-week sessions	http://www.cancercare.org/support_groups/138-thyroid_cancer_patient_support_group
CancerCare Online Young- Adult Post-Treatment Survivorship Support Group	Online	Meets throughout the year for 15-week sessions	http://www.cancercare.org/support_groups/130-young_adult_post-treatment_survivorship_support_group